DIRECTIONS

Compass Project Newsletter

In this issue:

- Begonia Donation
- Latest News
- Buildings
- Outdoor Spaces
- Volunteers
- Fundraising
- ◆ PR
- Upcoming Events

Bertha's Begonias

Compass has received a rather **colourful donation** from **local begonia enthusiast** Bertha Brand!

Wishing to support our outdoor project, Bertha met with our Project Coordinator, Joe McVey and Outdoor Areas Manager, Svetislav Kondic (pictured right with Bertha) last month to deliver **72 begonia corms** ready for planting in 2022. These **vintage varieties** will provide Compass with a wonderful opportunity, not only to increase the colour onsite in the summer months, but also to **share knowledge with our volunteers** as we teach them about the specific growing conditions required for successful begonia growing.

We hope to care for and successfully increase the stock of Bertha's rare begonias so that volunteers can have a go in their own gardens. Come along to our

next volunteer day on Saturday 7th May to help plant Bertha's Begonias!







Bee Hives at Compass

On discovery of an established bee hive within the ceiling of the Science Block, Outdoor Areas Manager, Svetislav Kondic, and Clinical Lead, Dr Stefan Geider (pictured below, left to right), utilised their bee-keeping experience to **successfully move the hive** to a more appropriate location at Compass. With the **first bee hive** now set up and functioning well, we hope to introduce **Compass honey** to the **Produce Pop-Ups** for the community to enjoy later in the year.





To ensure the bees settle in their new home, and for the safety of walkers of the area, please keep away from the bee-keeping area onsite.

The hive has been placed well away from the public route through the site so there should be no disruption when walking the core path.



To complement our current Wednesday afternoon session, we are now offering weekly volunteering opportunities on a **Thursday morning** from **9.30am - 12noon**. Please let us know you are coming by emailing: compass@cwt.scot by Wednesday.

DIRECTIONS

NESCAN[§]

Buildings

- Main Building: Now wind and watertight, we need help to sort moveable indoor items for reuse or recycle. Can you help? Get in touch on: compass@cwt.scot
- Multi-Purpose Hall: We are currently finalising the plans and hope to appoint a main contractor in May. We continue to work towards an Autumn 2022 opening.
- Kindergarten / Science Block: Help is required to strip out damaged plasterboard and fittings so that refurbishment plans can progress. Can you help? Get in touch on: compass@cwt.scot
- Interested in renting indoor space? Note your interest in renting indoor space at Compass for purposes related to health / sustainability by emailing us: compass@cwt.scot.

Outdoor Spaces

- Social Juice supports Compass: Aberdeenshire project 'Social Juice' has donated a selection of fruit trees to Compass. We have 4 pear trees and 5 full size apple trees to plant with 9 bush apple trees already in our community orchard.
- Seed Funding: We have received just under £500 from NESCAN (North East Climate Action Network) to purchase seeds for our garden and to encourage growing in the local community. This will provide a great start to growing produce in our new polytunnel once built. Come along on Saturday 7th May 2022 and help us get







Volunteers

started!

- Local support: We've now reached an incredible 2427 hours of time donated to the project from the support of 175 volunteers - a big thank-you to all!
- Engaging the Local Community: Our Compass Steering Group will soon be holding their first meeting with a focus on how to engage the local community at Compass. Share your thoughts on how you see Compass becoming part of the local area by completing our online questionnaire or talk to us about your Complete our questionnaire! ideas when you see us onsite or email us: compass@cwt.scot .

Volunteer days:

Week Days: We offer regular week day opportunities to volunteer at Compass:

Sign up as a Volunteer!

- √ Wednesday afternoon: 2pm 4.30pm
- √ Thursday morning: 9.30am 12noon

If you are interested in coming along mid- week, please get in touch by email: compass@cwt.scot and we can keep you updated with the planned tasks.

Saturdays: Our next date has been set for Saturday 7th May 2022! Come and help us plant Bertha's Begonias, potatoes, onions and fruit trees / bushes. You can also learn more about the project in our 'Focus on Compass' breaktime talks around 11am.



DIRECTIONS

SESTAMABLE INTERPRETATION OF THE PROPERTY OF T

Compass Project Newsletter

Fundraising

Phase 1: achieved £200,000

Phase 2: ends September 2023 | Current amount raised: £488,763 | Target: £800,000

• **Phase 2 Funding:** Our next fundraising goal is to raise £800,000 by September 2023. We have raised an incredible £488,763* so far thanks to the support of grants and an anonymous donor. [*figure does not include lottery funding of £150,000 over three years!]

Can you help? Our online fundraising page is live! Donate online through our LocalGiving campaign page or by cheque to: Compass Project, Camphill Wellbeing Trust, St Devenicks, Murtle Estate, Bieldside, Aberdeen, AB15 9EN.



- Grant Awards: Compass are delighted to have been awarded an incredible £48,993 from Aberdeen City Council's Common Good Fund! This fund will go towards the installation of Compass' Zero Waste Kitchen which will utilise the food generated from our community garden.
- Support us when you shop at the Co-op! Remember to choose Compass as your Co-op cause to help raise money for a shed with composting toilet for our therapeutic gardening project and volunteers. Find out how much we've raised and how to support us through Co-op purchases here: https://membership.coop.co.uk/causes/61982



PR

- Website: Find the latest updates at <u>www.camphillwellbeing.org.uk/compass</u> including our Photo & Video Gallery.
- Facebook page: Follow us here: www.facebook.com/CWTCompass
- **Next steps**: We are always interested in opportunities to raise the profile of the project. If you or any contacts you have would like to get involved, please let us know.

Upcoming Events

Our next volunteer event is: Saturday 7th May 2022: 9.30am - 4pm
We have toilet facilities and indoor shelter for volunteers along with a range of indoor activities should the weather be unsuitable for outdoor work.

Remember to **bring cash** if you'd like to take home any **Compass items**. We will have Compass trees, bushes, strawberry plants and wood as well as pure beeswax candles available on a donation basis.

Focus on Compass: Learn more about the project and its developments during our break-time at around 11am on Saturday. Free **Weleda body care samples** and **Deeside Water** will also be available to keep our volunteers refreshed. Events are in line with current COVID guidelines.

If you can't make a Saturday, we also offer **Wednesday afternoon (2pm - 4.30pm)** and **Thursday morning (9.30am - 12noon)** volunteering opportunities. Just get in touch: compass@cwt.scot

• Sign up as a volunteer using our <u>online form</u> to receive email reminders of upcoming events and future dates!

Sign up as a Volunteer!



Compass Project | 01224 862008 | compass@cwt.scot www.camphillwellbeing.org.uk/compass Facebook: @CWTCompass

